

**Farz Association of rehabilitation and Development
Work Plan of Activities on CSA**

S #	Month	Activities
1	July 09	Staff Training, School Visits
2	August 09	Community Meetings ,Volunteer Trainings
3	September 09	Linkages with Local Government and involve them to eliminate the CSA issues
4	October 09	Create Network of social activist , Formation of Action Groups
5	November 09	Schools Activities ,Media Activities ,Work for child Protection Policy
6	December 09	Complete Child Protection Policy School Teachers Training

Farz Association of rehabilitation and Development
3 Months Report of Activities on CSA

S #	Month	Activities
1	July 09	<ol style="list-style-type: none">1. Staff Training,2. School Visits
2	August 09	<ol style="list-style-type: none">1. Community Meetings2. Volunteer Trainings
3	September 09	<ol style="list-style-type: none">1. Linkages with Local Government and involve them to eliminate the CSA issues2. Training of interested person

July 09

Staff Training,

We arrange the Capacity Building training of our staff on the issue of CSA. 6 Person take part in training in this workshops told the participants about the issue and followings

- UN Convention on the Rights of the Child
 - Definition of a Child in Pakistan
 - Child Rights Situation in Pakistan
 - Types of rights
 - International law
 - About CSA
 - Who can be an Abuser?
 - Abuser profile
 - Incest abusers
 - Method to choose Victim
 - Rationale used by Abuser
 - Sexual Offenders Education Program
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- Effects of CSA
 - Behavioral Indicators
 - Physical Indicators
 - PAdulthood Effects

- psychological Effects
- Myths and Facts

- Do's & Don'ts for Speaking with CSA Victims

It may be hard to know where to begin talking with a child. What is best said and what is best left alone? Possibly the most important messages to get across to the child either through words or actions is that you do not blame them for abuse.

Do's	Don'ts
<ul style="list-style-type: none"> • Tell them you believe them. • Reassure them • Tell them that you will do all you can to keep them safe. • Tell them that you do not blame them. 	<ul style="list-style-type: none"> • Blame your child for what happened. • Suggest that it would have been better if they had stayed quiet about the abuse. • Tell the child that he or she blame her/his self. • Tell the child to forget it

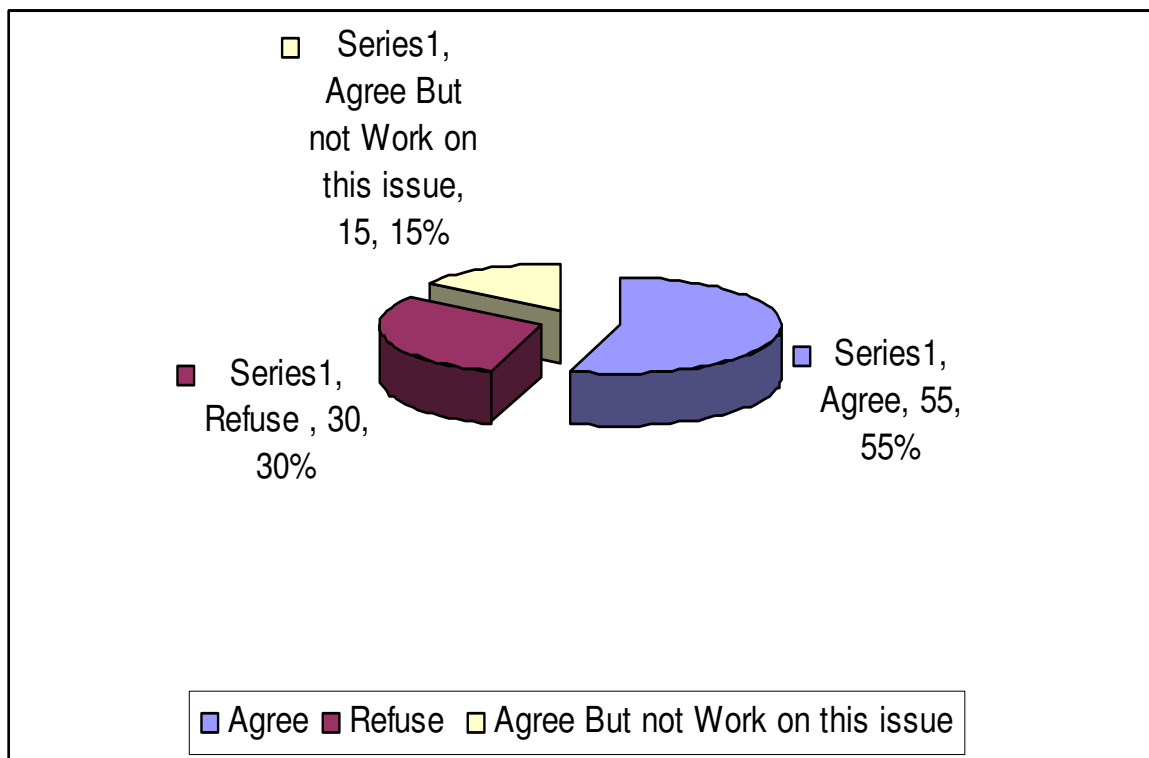
<ul style="list-style-type: none">• Let them know that you still love them.• Let them know that you are glad that they have told you. • Give them time to talk to you at their pace. • Make time to spend with the child so you can talk privately. • Be open and clear with them. • Explain to the child in words they can understand what is happening with any court or legal action which may be taking place.	<p>ever happened.</p> <ul style="list-style-type: none">• Tell the child not to talk about it. • Get upset every time your child talks about the abuse.
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| <ul style="list-style-type: none">• Allow the child to talk about the confused way that they may feel.• Try to be calm when talking with the child as they may be confused by anger
<ul style="list-style-type: none">• Try to understand as much as you can about the effects of child sexual abuse so that you can best support yourself and your child. | |
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2. School Visits

After the training our staff members visit the different private & Government school and meet their principals and tell him about the issue, some of them are agree with us for working and some of them refused and some of them agree but not want to work on this issue.

Those who agree commit us for cooperation in our every activity.

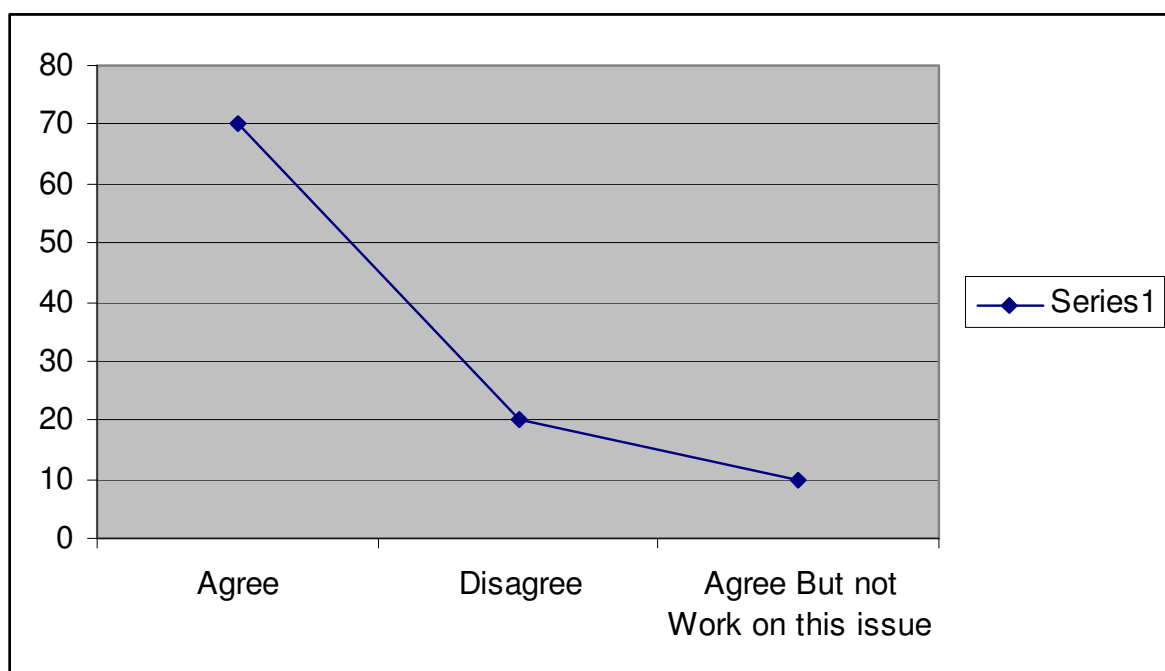


August 09

• **Community Meetings, Volunteer Trainings**

DK. Hasso is a located main Rawalpindi there are many mohallas. But They are depriving basic facilities especially skill Development. The total No of Houses in DK.Hasso is 7000 and population approximately 56000.

We start work in uc 5 and 6. our mobilization team visit the community and find the activist volunteers and work for their capacity building .in community mobilization Farz Team face many problems because lack of awareness in community about this issue, some people give very positive response , some disagree with us , some agree but not ensure to work with us. We fond active CCB and Community activist group who are interested to work with us.



September 09

- Linkages with Local Government and involve them to eliminate the CSA issues
- Training of interested person

Farz Team conduct many meetings with UC 6 Nazim and other members the UC representatives Nazim and the members give very positive response. The UC Members nominate the focal persons who work with us and support us in activities. We plan training of interested person in end of October 2009